

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10:00 Mental Aerobics 2 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy or Small Group 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 3 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Game Time 2:00 Music Therapy or Small Group 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 4 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Music Therapy or Small Group 2:00 Music Therapy or Small Group 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 5 10:30 Musical Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 6 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy with Kelsey 2:00 Holiday Carolers 3:00 Refreshments & Fellowship 3:30 Trivia</p>
<p>10:00 Mental Aerobics 9 10:30 Chair Aerobics 11:00 Music Therapy 12:00 Lunch 1:00 Music Therapy or Small Group 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 10 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Game Time 2:00 Music Therapy 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 11 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Music Therapy 2:00 <u>Ugly Christmas Sweater Party</u> <u>with Special Guests</u> 3:00 Refreshments & Fellowship 3:30 Trivia</p>	<p>10:00 Mental Aerobics 12 10:30 Musical Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Chimes Christmas Concert 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 13 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy 2:00 'Drive In Movie' and Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia</p>
<p>10:00 Mental Aerobics 16 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy or Small Group 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 17 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Game Time 2:00 Music Therapy 2:30 <u>Portage Senior Center Band</u> 3:00 Refreshments & Fellowship 4:00 Cards</p>	<p>10:00 Mental Aerobics 18 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Music Therapy or Small Group 2:00 Music Therapy or Small Group 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 19 10:30 Musical Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 20 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy 2:00 'Drive In Movie' and Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia</p>
<p>10:00 Cookie Baking 23 11:00 Holiday Caroling 12:00 Lunch 1:00 Holiday 'Drive In Movie' and Santa's Cookies 3:00 Refreshments & Fellowship 3:30 Holiday Trivia 4:00 Cards <u>Waiting For Santa in PJs Day!</u></p>	 <p>Center Closed</p>	 <p>Center Closed</p>	<p>10:00 Mental Aerobics 26 10:30 Musical Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 27 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy 2:00 'Drive In Movie' and Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia</p>
<p>10:00 Mental Aerobics 30 10:30 Chair Aerobics 11:00 Music Therapy or Small Group 12:00 Lunch 1:00 Music Therapy or Small Group 2:00 Game Time 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	<p>10:00 Mental Aerobics 31 10:30 Chair Aerobics 11:00 Game Time 12:00 Lunch 1:00 Game Time 2:00 Music Therapy or Small Group 3:00 Refreshments & Fellowship 3:30 Trivia 4:00 Cards</p>	 <p>December 2019 Adult Day Services at Oakland Center</p>		

Beauty Shop Open on Wednesdays by Appointment Only. Feel free to wear festive attire all month long!