



Monday	Tuesday	Wednesday	Thursday	Friday	
	10:00 Mental Aerobics with Lisa 10:30 Chair Aerobics with Tricia 11:00 Game Time with Nicole & Pat 12:00 Lunch 1:00 Game Time with Missy 2:00 Music Therapy with Kelsey 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	1 9:30 Waffle Wednesday 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Nicole 11:00 Game Time with Missy or Cards w/ Michelle 12:00 Lunch 1:00 Game Time with Tricia 2:00 Music Therapy with Kelsey or Small Group with Team OC 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	2 10:00 Mental Aerobics with Nicole 10:30 Musical Aerobics with Kelsey 11:00 Music Therapy with Kelsey or Game Time with Tricia 12:00 Lunch 1:00 Music Therapy with Kelsey or Small Group with Team OC 2:00 Game Time with Linette & Aimee 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	3 10:00 Mental Aerobics with Tricia 10:30 Chair Aerobics with Missy 11:00 Music Therapy with Kelsey or Game Time with Missy 12:00 Lunch 1:00 Music Therapy with Kelsey 2:00 'Drive In Movie' with Team OC Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	4 10:00 Mental Aerobics with Tricia 10:30 Chair Aerobics with Missy 11:00 Music Therapy with Kelsey or Game Time with Missy 12:00 Lunch 1:00 Music Therapy with Kelsey 2:00 'Drive In Movie' with Team OC Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia with Allan
7 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Missy 11:00 Game Time with Nicole 12:00 Lunch 1:00 Music Therapy with Tommy or Small Group with Team OC 2:00 Game Time with Missy 3:00 Refreshments & Fellowship 3:30 Trivia with Nicole	8 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Tricia 11:00 Game Time with Nicole & Pat 12:00 Lunch 1:00 Game Time with Lisa 2:00 Music Therapy with Kelsey 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	9 9:30 Waffle Wednesday 10:00 Mental Aerobics with Lisa 10:30 Tai Chi with Ryan 12:00 Lunch 1:00 Game Time with Tricia 2:00 Music Therapy with Kelsey or Small Group with Team OC 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	10 10:00 Mental Aerobics with Nicole 10:30 Musical Aerobics with Kelsey 11:00 Music Therapy with Kelsey or Game Time with Tricia 12:00 Lunch 1:00 Music Therapy with Kelsey or Small Group with Team OC 2:00 Game Time with Linette & Aimee 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	11 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Nicole 11:00 Music Therapy with Kelsey or Game Time with Missy 12:00 Lunch 1:00 Music Therapy with Kelsey 2:00 'Drive In Movie' with Team OC Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	
14 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Missy 11:00 Game Time with Nicole 12:00 Lunch 1:00 Music Therapy with Tommy or Small Group with Team OC 2:00 Game Time with Missy 3:00 Refreshments & Fellowship 3:30 Trivia with Nicole	15 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Tricia 11:00 Game Time with Nicole & Pat 12:00 Lunch 1:00 Game Time with Lisa 2:00 Music Therapy with Kelsey 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	16 9:30 Waffle Wednesday 10:00 Mental Aerobics with Lisa 10:30 Chair Aerobics with Nicole 11:00 Game Time with Missy or Cards w/ Michelle 12:00 Lunch 1:00 Game Time with Tricia 2:00 Music Therapy with Kelsey or Small Group with Team OC 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	17 10:00 Mental Aerobics with Nicole 10:30 Musical Aerobics with Kelsey 11:00 Music Therapy with Kelsey or Game Time with Tricia 12:00 Lunch 1:00 Music Therapy with Kelsey or Small Group with Team OC 2:00 Game Time with Linette & Aimee 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	18 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Nicole 11:00 Music Therapy with Kelsey or Game Time with Missy 12:00 Lunch 1:00 Music Therapy with Kelsey 2:00 'Drive In Movie' with Team OC Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	
21 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Missy 11:00 Game Time with Nicole 12:00 Lunch 1:00 Music Therapy with Tommy or Small Group with Team OC 2:00 Game Time with Missy 3:00 Refreshments & Fellowship 3:30 Trivia with Nicole	22 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Tricia 11:00 Game Time with Nicole & Pat 12:00 Lunch 1:00 Game Time with Lisa 2:00 Music Therapy with Kelsey 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	23 9:30 Waffle Wednesday 10:00 Mental Aerobics with Lisa 10:30 Chair Aerobics with Nicole 11:00 Game Time with Missy or Cards w/ Michelle 12:00 Lunch 1:00 Game Time with Tricia 2:00 Music Therapy with Kelsey or Small Group with Team OC 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	24 10:00 Mental Aerobics with Nicole 10:30 Musical Aerobics with Kelsey 11:00 Music Therapy with Kelsey or Game Time with Tricia 12:00 Lunch 1:00 Music Therapy with Kelsey or Small Group with Team OC 2:00 Game Time with Linette & Aimee 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	25 10:00 Mental Aerobics with Lisa 10:30 Chair Aerobics with Nicole 11:00 Music Therapy with Kelsey or Game Time with Missy 12:00 Lunch <b>Happy Birthday October Birthdays!</b> 1:00 Music Therapy with Kelsey 2:00 'Drive In Movie' with Team OC Perry the Therapy Dog 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia	
28 10:00 Mental Aerobics with Lisa 10:30 Chair Aerobics with Missy 11:00 Game Time with Nicole 12:00 Lunch 1:00 Music Therapy with Tommy or Small Group with Team OC 2:00 Game Time with Missy 3:00 Refreshments & Fellowship 3:30 Trivia with Nicole	29 10:00 Mental Aerobics with Linette 10:30 Chair Aerobics with Tricia 11:00 Game Time with Nicole & Pat 12:00 Lunch 1:00 Game Time with Lisa 2:00 <b>Special Entertainer Martin Zyla</b> 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	30 9:30 Waffle Wednesday 10:00 Mental Aerobics with Lisa 10:30 Chair Aerobics with Nicole 11:00 Game Time with Missy or Cards w/ Michelle 12:00 Lunch 1:00 Game Time with Tricia 2:00 Music Therapy with Kelsey or Small Group with Team OC 3:00 Refreshments & Fellowship 3:30 Trivia with Allan	31 10:00 Mental Aerobics with Nicole 10:30 Musical Aerobics with Kelsey 11:00 Spook-tacular Game with Tricia 12:00 Lunch 1:00 Music Therapy with Kelsey 2:00 Halloween Spook-tacular Movie 3:00 Refreshments & Fellowship 3:30 Trivia with Tricia <b>Little Boos and Ghouls Trick-or Treating 7:30-5:30</b>		

The Week of October 28<sup>th</sup>- 31<sup>st</sup> is Goblin Gear Week! Feel free to wear your favorite Halloween accessories including: shirts, hats, necklaces, socks, etc!

